



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Academic report: 2024-25

Name of the event: Talk on Diabetes, Recipe Development Competition

Date: 14th November 2024

Organised by: Department of Home Science & Health and Nutrition Club

Number of participants: 43

Head of the Department: Dr.Thomas Ruby Mariamma

Staff Coordinator: Dr.Athira KA

Student Coordinator: Aslaha K

Brief report of the program:

Health and Nutrition Club & Department of Home Science, Vimala College, Thrissur, has conducted a talk on Diabetes-an overview, prevention, and management in youngsters as part of World Diabetes Day on 14th November 2024 from 1.30pm to 2.30pm from Marian Hall. A recipe development competition for diabetes was also held as intercollegiate competition on the same day at 9am to 10am. 4 students were participated in the competition and certificates were provided for them.

BROCHURE:

VIMALA COLLEGE (AUTONOMOUS), THRISSUR
AFFILIATED TO UNIVERSITY OF CALICUT
RE-ACCREDITED BY NAAC (4th CYCLE) WITH A+ GRADE AND CGPA 5.45
Department of Home Science & Health and Nutrition club
Conducts
**TALK ON: DIABETES-AN OVERVIEW,
PREVENTION & MANAGEMENT IN
YOUNGSTERS**

**Dr. MINI P MANI**
Medical Officer
FHC Vilvattom
Thrissur

🕒 1:30 to 2:30 PM
📍 Marian Hall

As part of
**WORLD
Diabetes Day**

**RECIPE DEVELOPMENT
COMPETITION FOR DIABETES**
(Intercollegiate competition)

🕒 Time: 9:00 AM to 10:00 AM
📅 Date: 14th November 2024
📍 Food & Nutrition Lab

SPOT REGISTRATION
Registration fee- 30/-

Principal
Dr.Sr.Beena Jose

Head of Department
Dr.Thomas Ruby Mariamma

Faculty Coordinator
Dr.Athira.K.A

LIST OF PARTICIPANTS

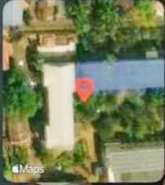
Sl NO	Name	College	Department	Signature
1	Mariyam P	Vinoda college	Hone science	
2	Aishwarya Haridasan	"	"	
3	HANNA K	"	"	
4	VARSHA K.V	"	"	
5	Aishwarya M.A	"	"	
6	Jewel Joy	"	"	
7	Shikha Pk	"	"	
8	AGATHA K	"	"	
9	ANNA P	"	"	
10	KAREJATH RAVINA NAREEN	"	"	
11	KAREJATH SAREEN	"	"	
12	SNEHA S	"	"	
13	WATA T.M	"	"	
14	Bhagya shai	"	"	
15	Vaishnavi S.P.P	"	"	
16	Amisha Anto	Vinoda college	Bsc fcs	
17	Megha N.M	"	Bsc fcs	
18	VYSHNA.P.B	"	Bsc fcs	
19	Souparnika.K.R	"	"	
20	Arjana K.M	"	"	
21	Ascenthy Pradeep	"	"	
22	Shabana E.H	"	"	

24	Rama K.T	Vinoda college	"	
25	Anagha	"	"	
26	Abhinami P	"	"	
27	Manasa H.M	"	"	
28	Farzana.S.R	"	"	
29	Chopika KR	"	"	
30	Amie may.c	"	"	
31	Daisy Davis	"	"	
32	Naisha Mingsam VA	"	"	
33	K.A Haripriya	"	"	
34	Vismaya Sunil	"	"	
35	Sreelakshmi	"	"	
36	Manya Izzat	"	"	
37	Sahana Bashaeri	"	"	
38	Eyleen Anna Oeo	"	"	
39	Haha V.B	"	"	
40	Anulohini K.A	"	"	
41	Sreetha Sathesh	"	"	
42	Amritha Ravindran	"	"	
43	Kaisha paige	"	"	
44				
45				
46				
47				
48				

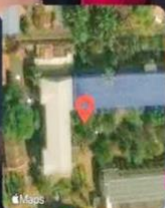
Participant list of recipe development competition:

1. Amlin Anna Abi
2. Mariya Lazar
3. Sahala Basheer
4. Hiba VB





GPS Map Camera
Thrissur, Kerala, India
Ramavarmapuram, Thrissur, 680631, Kerala,
India
Lat 10.553457, Long 76.227459
11/14/2024 11:29 AM GMT+05:30
Note : Captured by GPS Map Camera



GPS Map Camera
Thrissur, Kerala, India
Ramavarmapuram, Thrissur, 680631, Kerala,
India
Lat 10.553455, Long 76.227471
11/14/2024 11:25 AM GMT+05:30
Note : Captured by GPS Map Camera

